

Yes! I Want to Experience Momiji and Become a Volunteer.

Just fill out this form and mail or fax it to us at 416 261 9384. You can also drop it off at the Momiji Centre, or download it at www.momiji.on.ca. Click on **Become a Volunteer**.

Mr. Ms. Miss Mrs.

Name
(last name) (first name)

Address

..... Apt.

City Postal Code

Home phone

Work Cell

Email

Please turn over and complete the Volunteer Questionnaire.



Momiji



Momiji

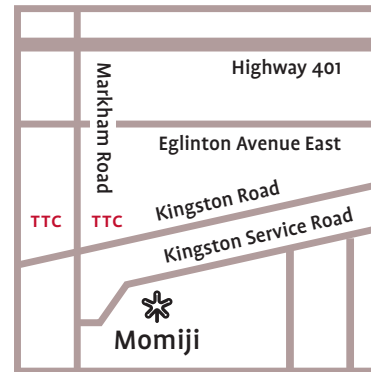
Become a Volunteer

Respect, Dignity and Independence for Our Seniors

We would be happy to answer your questions about volunteering at Momiji. Please email us at volunteering@momiji.on.ca, or call our Volunteer Coordinator at 416 261 6683 ext. 234 or our Community Services Manager at ext. 224.

Momiji Health Care Society

3555 Kingston Road
 Scarborough ON M1M 3W4
 PHONE 416 261 6683 FAX 416 261 9384
 EMAIL info@momiji.on.ca
 WEBSITE www.momiji.on.ca
 REGISTERED CHARITY #107716623-RR0001



TTC Bus 102 from Warden Station

We are grateful for the support of the Ontario Ministry of Health and Long-Term Care, Central East LHIN, City of Toronto and the Ontario Trillium Foundation.



What Is Momiji?

Momiji means maple in Japanese. Just as the maple is most beautiful in the fall, our autumn years can be brilliant too. Momiji is a not-for-profit organization that offers assisted living and a wide range of community programs



for seniors from Japanese Canadian and other cultural backgrounds in the GTA and beyond. Our philosophy of care is based on respect, dignity and independence. Our volunteers play a vital role in supporting our seniors in active, joyful living.

We take pride in contributing to Momiji's success. To us, Momiji is home. ~ Mrs. S. H.



Volunteers Make It Possible

In 1978, a group of volunteers founded Momiji; our strong tradition of volunteers continues today. Hundreds of volunteers generously provide thousands of hours of their time. Our volunteers range in age from teens to seniors and include Japanese Canadians from across the GTA; tenants of the Momiji Seniors Residence; school and corporate groups; residents from the surrounding neighbourhoods; Japanese-speaking visa students, visitors and new immigrants; and others.

Experience Momiji

When you volunteer at Momiji, you experience our philosophy of joyful living — whatever your age. You become a part of our diverse community of compassionate, interesting and fun-loving seniors, staff and volunteers. You can make a real difference in people's lives.



Give back to the community, share your passions, become a better person through helping others ...

Learn about Japanese Canadian history and culture, challenge your assumptions about aging, learn new skills, understand other generations' experiences, learn to live joyfully ...

Connect with people of diverse ages from all walks of life, share stories, have fun, support each other ...

As a Momiji volunteer, you will ...

- Receive volunteer training
- Enjoy our newsletter three times a year
- Be honoured at our annual Volunteer Appreciation Event and Dinner
- Fulfill your High School Community Service Hours requirement
- Experience the joy of Momiji and the satisfaction of supporting our seniors!



At the end of your cycle of life, there is nothing more sustaining than helping others. There is nothing that helps you become who you were meant to be like sharing your journey with others. ~ Ms. I. S.

Volunteer Opportunities

Your time is a valuable gift. That's why we work to place you in the right position for your interests, availability, experience and skills. There are many ways to get involved at Momiji. Here are some popular options:

Driver

Become a volunteer driver and fulfill a very important role. Use your own vehicle to take seniors to medical appointments or other community engagements. You will be reimbursed for mileage.

Receptionist at Momiji Centre

Answer phones, greet visitors and help our staff with administrative tasks to keep the office running smoothly for a half or a full day per week during regular office hours.



Friendly Visitor

Visit isolated seniors throughout the community and provide companionship and social support. We match you with your client by common interests, language and location.

Program Assistant

Assist in a wide variety of regular programs and activities for seniors at the Momiji Centre. Support our staff on outings; help seniors to enjoy activities like bingo, karaoke and crafts; or help serve meals in our Dining Programs.

Cultural Outreach

Help provide culturally appropriate and enriching programs, meals and special events for frail Japanese Canadian seniors at our partner long-term care facilities across the GTA: Castleview-Wychwood Towers, Yee Hong Scarborough-Finch and Macassa Lodge in Hamilton.

I've always wanted to connect with people from a Japanese background, because here in Canada I miss my culture a lot. I'm really glad that I came to be a part of Momiji's volunteer community. ~ Ms. C. V.

Momiji Bazaar and Special Events

Develop your event-planning, hospitality and entertainment skills at the Momiji Bazaar, our biggest annual fundraiser, or at a variety of special events throughout the year.

Volunteer Questionnaire

What languages do you speak?

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Why are you interested in volunteering for Momiji?

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Which positions interest you most?

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When are you usually available (days/times)?

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Our Volunteer Coordinator will contact you to discuss how we can work together to help our seniors. We look forward to meeting you!